

Original Research Article

Evidence of anti-inflammatory and anti-ulcer properties of aerial parts of *Centaurea tougourensis* Boiss. and Reut.

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Abstract

Purpose: To determine the anti-inflammatory and anti-ulcer properties of the aerial parts of *Centaurea tougourensis* Boiss. & Reut.

Methods: The effects of *n*-butanol (*n*-BuOH) extract of the aerial part of *Centaurea tougourensis* on carrageenan-induced paw edema and ethanol-induced gastric mucosal damage were determined at 2 doses (200 and 400 mg/kg, po) in a mouse model. For each test, the animals were randomly divided into negative and positive control groups, as well as extract-treated groups. The mice were observed for any sign of inflammation for a period of 24h.

Results: Reduction of paw edema by *C. tougourensis* extract was highly significant ($p < 0.001$) at a dose of 400 mg/kg 24 h after carrageenan injection, with 55.26 % inhibition, followed very closely by 53.15 % inhibition at the dose of 200 mg/kg; indomethacin group showed an inhibition of 60 %. Histological examination supported the inhibition results. A significant reduction in inflammation by the extract at a dose of 400 mg/kg was also observed. No sign of ulcer was observed with *C. tougourensis* at the two doses (200 and 400 mg/kg). The total polyphenol content of the *n*-BuOH extract was 85.44 µg gallic acid equivalent/mg of extract. Tannins were the most abundant fraction (51.87 µg tannic acid equivalent/mg of extract), followed by flavonoids (25.55 µg quercetin equivalent/mg of extract).

Conclusion: The results indicate that *C. tougourensis* may have potential beneficial effects in the treatment of diseases associated with inflammation and pain, besides its protective effect on the gastrointestinal tract.

Keywords: Anti-inflammatory, Anti-ulcer, *Centaurea tougourensis*, Flavonoids, Phenolics, Tannin

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INTRODUCTION

It is well known that chronic inflammation is associated with several physiological disorders,

especially those that interfere with the normal functions of the immune system, leading to serious and chronic diseases. As a result, inflammatory pain is generated by these stimuli